## **Understanding "ACEs":** Adverse Childhood Experiences Building Self-Healing Communities

## For Parents, Caregivers, & Community Providers

## Wednesday, July 31st, 2:00 p.m. **Project Self-Sufficiency**

- ⇒ Learn how adversity
  affects neurological
  and biological health
  throughout life.
- ⇒ Discuss the impact of childhood trauma on population health.
- ⇒ Understand how protection, prevention, and promoting resilience can improve health, safety and productivity.



## Join Zoom Meeting

https://uso6web.zoom.us/j/84210687177?pwd=h5XN4TybfgQmPSuljSxpcr9jBs5Xtb.1







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