

Profiles of Hope



Trina Murphy and her young daughter relocated to Sussex County in order to escape a domestic abuse situation. They had no friends or relatives nearby. Because she need assistance on a variety of levels, a local social service agency referred Trina to Project Self-Sufficiency. Trina's previous work experience consisted solely of working in factories. She had no computer skills and had never held an administrative position in an office. Trina threw herself into her coursework at Project Self-Sufficiency, taking computer classes and eventually enrolling in the agency's Higher Opportunities for Women (HOW) program. As part of the program, Trina volunteered in the Sussex County Administrative Building. Immediately after her graduation from the HOW program, Trina was hired to work in the same office. She worked in a variety of departments, from the Health Department to Community Services. Eventually, she moved to the Knoll Heights Village Housing Authority where she has worked for nine years.

Trina's daughter is now 14 years old. As a single parent, Trina is kept busy working full time and coordinating her daughter's many activities. She advocates for Project Self-Sufficiency frequently, and has volunteered to speak at fundraising events in support of the agency. She says her life is comfortable now.

"Project Self-Sufficiency is a stepping stone to get people to where they need to be or to where they want to be. Project Self-Sufficiency was my lifeline."

Trina Murphy

51

1 child

Trina Murphy
