

We're having a party and....

You're Invited!



Expectant moms, new moms, moms of toddlers,
please join us for the **2016-2017 Mommy Parties**:

Date	Topic
July 12, 2016	Beating the Baby Blues
August 16, 2016	Sowing the Seeds of a Healthy Future
September 13, 2016	Taming the Bed-Time Beast
October 11, 2016	Bookaneers: A Reading Adventure
November 15, 2016	Nourishing the Body & Soul
December 13, 2016	Stuffed With Love: Build-A-Bear
January 10, 2017	How to Get Your Kids to Hear You ... Without Yelling
February 14, 2017	Give & Get Respect in Relationships
March 14, 2017	Safe & Sound at Home
April 11, 2017	A Walk in the Park: Kittatinny State Park
May 9, 2017	"Me Time" for Mom
June 13, 2017	Summer Fun & Sun Sense

All Mommy Parties take place 11:00 a.m. to 1:00 p.m. @PSS

*Enjoy food, fun, useful information
and a chance to meet other local moms!*

We know it's hard to get out – and your time is valuable.

New for 2016-2017, be **rewarded for the Mommy Parties you attend!**

For Currently Enrolled Home Visitation Families only:

Attend **5** Mommy Parties between July & December 2016
or February & June 2017 to earn a **\$100 Shop Rite Gift Card!**

Attend **10** Parties between July 2016 & June 2017 –
earn **TWO \$100 Shop Rite Gift Cards!!**



Call your Project Self-Sufficiency case manager/home visitor at (973) 940-3500 to register or ask questions!