

Profiles of Hope



In the case of Harriet Hester, Project Self-Sufficiency is just what the doctor ordered. Literally. Contemplating divorce at the age of 40, Harriet found herself depressed, anxious and rapidly losing weight. Among other things, her doctor prescribed a phone call to Project Self-Sufficiency. She enrolled in the agency's computer classes in order to brush up on her skills. Harriet was also able to take advantage of the support offered through Project Self-Sufficiency's legal services program in obtaining her divorce. She enrolled her son in the Little Sprouts Early

Learning Center and attended parenting classes in order to learn appropriate parenting techniques for her son.

At that time, Harriet already had a college degree in photo journalism. However, she decided to return to school and pursue a teaching certification. The agency's Career Center staff pointed Harriet towards the college which would provide her with the appropriate training. Even though she was working full-time at WillowGlen Academy, Harriet obtained her teaching certification in three years. She is now employed as a substitute teacher at Kittatinny Regional High School.

"Project Self-Sufficiency is the best thing that has ever happened to me other than my son. They have given me self-esteem, confidence and belief in myself. They have helped me to attain a life that I never thought I would be able to have."

Harriet Hester
56
1 child

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