

Profiles of Hope



Following the sudden death of her husband, Delores was at a loss in many ways. She knew her job as an employee at a local supermarket bakery was no longer enough. The fifty-eight year old mother of one needed a better job and it had to come with benefits. Standing in the waiting area at the Surrogate's Office one day, feeling alone and lost, Delores spied a flyer for Project Self-Sufficiency. Her sister took down the number and handed it to Delores. She enrolled in several classes at Project Self-Sufficiency, and in less than a year, Delores was working as a receptionist at a local elder care facility. She was soon promoted to the position of Administrative Assistant and she has been there ever since.

Delores is now an energetic volunteer for Project Self-Sufficiency, promoting the agency at the state fair, organizing a letter-writing crusade for the agency's capital campaign and even delivering speeches about herself at fundraising events. She has been honored for her support several times, and was recently inducted into the agency's Louise E. Murphy Center for Volunteerism Circle of Leaders.

Delores continues to take advantage of learning opportunities at Project Self-Sufficiency where she has returned to perfect her computer skills, and keep up-to-date on other topics.

"Project Self-Sufficiency gave me the ability to go forward. The staff motivates everybody to do better and to not give up. Through Project Self-Sufficiency, I got my confidence back. They're there to pick you up and get you going again. They're a wonderful organization and they do so much for everyone. Thanks to the various programs at Project Self-Sufficiency, I was able to advance myself to my current position, support myself independently, and have a better life."

Delores McDonough

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1 child

Delores McDonough